Henry County Retired Teachers Association Secretary's Report September 12th, 2016

The Henry County Retired Teachers Association meeting for September was called to order by President Charlotte Shrider. Following recitation of the Pledge of Allegiance, President Shrider welcomed prospective new member Kim Spiess, guest Vicki Gramling from Liberty Center and our speakers for the evening, Taylor Schroeder and Hannah Arnos from Henry County Hospital.

Taylor Schroeder then spoke to the group about massage therapy sessions offered at Henry County Hospital. She explained some of the different styles of massage therapy and took questions from the group about the options made available. She encouraged persons who may be interested in learning more to contact her at the hospital for more details or to set up an appointment.

Following the talk, President Shrider offered the meal prayer and all enjoyed the evening meal of roast pork loin, sweet potato casserole and other delicious sides.

Following the meal, our second speaker for the evening, Hannah Arnos, gave a presentation on Heart Healthy Eating. Hannah is a registered dietician at Henry County Hospital, and she spoke about health guidelines and ways to reduce sodium and cholesterol in your diet. Both ladies handed out informational brochures and encouraged anyone with further questions to contact them for additional information.

The business meeting was then called to order. The secretary and treasurer's reports were approved as presented.

Committee Reports:

Dictionary Committee: Gene Grime reported that the schools had been contacted and the dictionaries for this year have been ordered. He passed around a sign-up sheet for those interested in delivering the dictionaries when they arrive.

<u>Courtesy:</u> It was reported that Doris Ruby is currently at Henry County Hospital. Those wishing to send words of cheer can send them to the hospital, Room 11.

Legislative: Becky Schindler reminded the group to always be aware of issues pertaining to our health care, with rising costs and funds being taken from health care as issues of concern.

Education Foundation: Terri Witt reported that the first foundation meeting of the year will be held on September 13th.

Nominations Committee: Charlie Meyer reported on behalf of committee members Jan Schlade and Ruth Johnson that the slate of officers for the next year will remain much as it was this year, with many of the officers volunteering to continue in their current positions. The one exception was the position of V. President and the committee put forward the name of Karen Maassel for that position. Bill Lytle moved and Larry Vocke seconded that the nomination of Karen be accepted. Motion passed. Duane Ressler then moved, seconded by Kirk Fruth, that the slate of officers for the 2017 year be approved. Motion passed. Thank you to those willing to serve!

Along these same lines, Ann Rausch had asked that someone take over her position as the person responsible for the calling committee and receiving reservations for the meetings and meals. No one volunteered for the position at the meeting, so President Shrider urged members interested in helping to contact her before the next meeting.

Old business: President Shrider asked for comments about the July meeting and potluck—the meal has been a potluck in the past few years, to try to save the group the cost of paying for meals for the grant winners and their parents who are invited to attend that meeting. Pros and cons were discussed briefly. Earlier, President Shrider had passed along a sign-up sheet asking for volunteers willing to support half of the cost of guest/speaker meals on occasion in the future to save costs for the group. This was an idea brought forth to save revenue, with volunteers only contributing once or twice to this cause.

New Business:

Volunteers were sought for decorations for the tables for the November meeting and for set-up for future meetings. Linda Wagner and Carol Agler volunteered for the November table decorations.

The next meeting will be on November 14th at 11:30. James Cain, district manager for benefits Administration for ORTA will be the speaker.

Bev Curtis was the winner of the 50/50 drawing.

Respectfully Submitted, Bev Wittes, HCRTA Secretary